

Food Safety Policy

Lilliput Land Cooperative Nursery School
Reviewed October 2016

Purpose of the Policy

This policy explains how Lilliput Land Cooperative Nursery School (“Lilliput Land”) aims to prevent food-borne illness in its child care centre.

Food Handling

All food used in Lilliput Land is from an approved source, such as a grocery store or food wholesaler. Home-made food, and unpasteurized dairy foods and juices are not permitted. Drinking water is to be available at all times. Fresh fruits and vegetables are washed in clean water on-site before serving.

We ensure that all food with an expired best-before date is discarded, as Lilliput Land staff review all packaging and foodstuffs prior to serving snack to the children. Any food which appears spoiled is immediately discarded. Lilliput Land staff have permission to purchase additional snack food from a nearby location if required.

At least one Lilliput Land staff member is required to have a valid Food Safety certification.

Food Preparation and Storage

No cooking is required for the daily snack preparation. Lilliput Land has no cooking facilities within the classroom.

Parents are responsible for providing snack daily from an approved list provided in the Orientation Package. All snack food that requires refrigeration is placed in the refrigerator upon delivery. The refrigerator temperature is no more than 4°C.

Any uneaten snack food may be returned to the parent to bring home, safely stored in the on-site fridge or (for unopened, non-perishable food) in cupboards within the classroom which are not accessible by the children.

Cleaning and Sanitizing

Before snack and mealtime

- Staff wash hands with soap and water before preparing snack. Staff and children wash hands with soap and water immediately before serving food or eating.
- Utensils are used to serve food
- All food is kept at safe temperatures before serving of 4°C or colder (as required).
- Food is not put on the table before children are ready to eat.

During snack and mealtime

- Children do not share the same utensil or dish when eating.
- Children do not serve themselves from large boxes of cookies, cereal or crackers.
- Clean and sanitized utensils are provided for each serving bowl and dish.
- Children do not eat food that has fallen on the floor or use utensils that have fallen on the floor until they have been cleaned and sanitized.

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After snack and mealtime

- Uneaten food that has been served but not eaten is thrown out
- Kitchen counters, table, and sink area are sanitized

Please also refer to our Sanitary Policies and Procedures for our requirements regarding a clean eating environment.

Diapering

Staff are required to wash their hands after changing diapers to prevent contaminating people and food. Staff are not to wash hands in the sink used for food preparation, and are to change babies only on designated diapering tables away from food preparation and service areas, never on tables or counters used for preparing or serving food.